



# Going Places Travel Pte Ltd

日航旅游私人有限公司

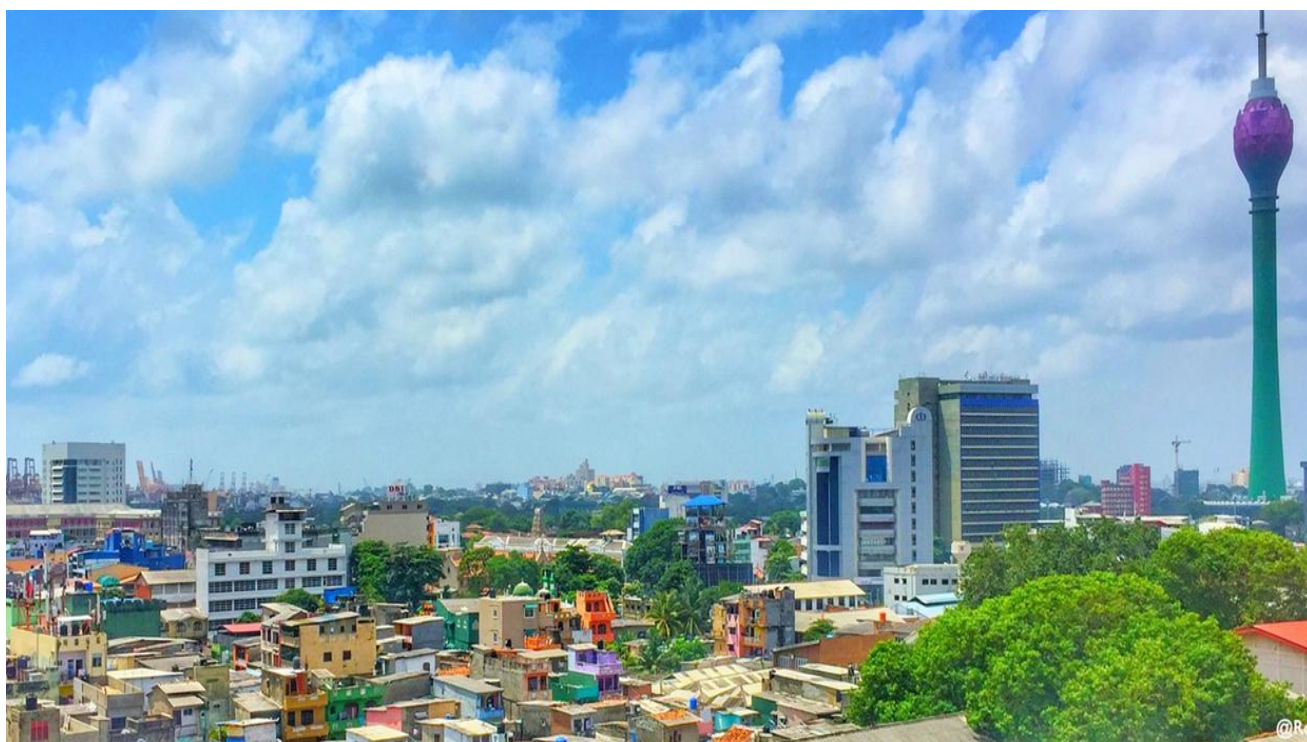
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**TA 1167**

## **8D7N SRI LANKA TOUR** **14 – 21 Sep 2025**

### **A Serene Sojourn through Sri Lanka**

*Sri Lanka, the teardrop of the Indian Ocean, promises an immersive journey through time, culture, and lush natural beauty. This carefully curated 8-day itinerary takes you from ancient heritage sites and scenic highlands to tranquil beaches and vibrant cities, offering an unforgettable blend of experiences.*



#### **SRI LANKA AIRLINES FLIGHT SCHEDULES**

<b>DATE</b>	<b>FLIGHT NO.</b>	<b>DESTINATION</b>	<b>DEP. TIME</b>	<b>ARR. TIME</b>
14 Sept	UL 307	SIN / CMB	09.45	11.05
21 Sept	UL 308	CMB / SIN	12.15	18.55

<b>HOTELS</b>			
<b>DAY</b>	<b>DATE</b>	<b>CITY</b>	<b>NAME OF HOTELS</b>
1	14 September	Dambulla	Tropical Life
2	15 September	Kandy	The Grand Kandyan (Upgraded)
3	16 September	Nuwara Eliya	Araliya Red / Mirage
4	17 September	Nuwara Eliya	Araliya Red / Mirage
5	18 September	Bentota	Occidental Eden Beruwala
6	19 September	Colombo	Fairway
7	20 September	Colombo	Fairway
8	21 September	Colombo / Singapore	On Board

### **PROPOSED ITINERARY**

#### **DAY 1: ARRIVAL IN COLOMBO – PINAWALA ELEPHANT ORPHANAGE – DAMBULLA (14TH SEPTEMBER)**

Upon arrival at Bandaranaike International Airport, the group is greeted warmly by a local representative and tour guide. A welcome lunch at **Goodwood Plaza Hotel** follows, before heading north to **Pinawala** to visit the famous Elephant Orphanage, where rescued elephants roam freely. The journey continues to **Dambulla**, a culturally rich region known for its spiritual significance and stunning landscapes. The serene setting offers a peaceful introduction to Sri Lanka's heritage. As evening falls, the group checks into hotel in Dambulla, enjoys a relaxing dinner. Have a good rest, ready to explore more of the country's cultural and natural treasures in the days ahead.

Overnight stay in Dambulla.





## DAY 2: THE MAJESTY OF SIGIRIYA AND THE HEART OF KANDY (15TH SEPTEMBER)



The morning begins with breakfast at the hotel before heading out to the **Sigiriya Viewpoint** and **Lion Face Rock**. The majestic **Sigiriya Rock Fortress**, also known as the Lion Rock, stands in the background—a monumental 5th-century citadel and another UNESCO site. Though the group doesn't climb the rock, the photo stop provides awe-inspiring views.

Next is an immersive **Village Tour**, a cultural deep-dive into the rhythms of rural Sri Lankan life. Guests ride on a bullock cart, glide through serene waters on a catamaran, and visit a traditional home, gaining firsthand insight into simple village customs.



From there, the journey continues to **Kandy**, with a stop in **Matale** at a fragrant **Spice Garden**. Here, amidst cinnamon, cardamom, and pepper groves, a guided walk and cooking demonstration introduce the secrets of Sri Lankan cuisine. A flavourful lunch made from fresh, local ingredients is served on-site.

In the afternoon, Kandy welcomes visitors with its lush hills and historical charm. At the heart of this sacred city is the **Temple of the Tooth Relic**—Sri Lanka's most revered Buddhist site. Housed within the Royal Palace complex, the temple enshrines a sacred tooth of



the Buddha, drawing worshippers from around the globe. A **Tuk-Tuk ride** around the scenic **Kandy Lake** offers a lively way to take in the surroundings before settling in for the night.

### **DAY 3: INTO THE MISTY HIGHLANDS – NUWARA ELIYA BY TRAIN (16TH SEPTEMBER)**



After breakfast, the group heads to **Kandy Railway Station** to board the morning train to **Nanu Oya**. This train ride is famed for being one of the most scenic in the world, winding through tea-clad hills, misty mountains, and cascading waterfalls.

Upon arrival, lunch is enjoyed at **Single Tree Mount**, followed by an afternoon city tour of **Nuwara Eliya**. Known as "Little England" for its colonial-era architecture and cool climate, the town showcases rose gardens, quaint cottages, and a distinctly British vibe. As flowers bloom and mist lingers, visitors experience a refreshing contrast to the tropical lowlands.

Dinner and an overnight stay cap off the day in Nuwara Eliya.

### **DAY 4: THE TEA TRAILS AND FARM LIFE OF THE HIGHLANDS (17TH SEPTEMBER)**



A hearty breakfast fuels a day of exploration. First stop is a **tea plantation**, where guests can try their hand at tea-plucking alongside local pickers dressed in vibrant attire. The visit continues to a **tea factory**, where the journey from leaf to cup is unveiled. Guests sample freshly brewed **Ceylon tea**, famed worldwide for its flavour and aroma.

Lunch follows at **Araliya Green City Hotel**, after which the group visits **Ambewela Farm**. Nicknamed "Little New Zealand," the dairy farm offers pastoral landscapes, grazing cows, and a peek into local agriculture. By evening, the group returns to the hotel for dinner.



## **DAY 5: FROM HILLS TO COAST – BENTOTA BECKONS (18TH SEPTEMBER)**

After breakfast, it's time to journey from the misty hills to the warm coasts. En route to **Bentota**, a coastal town on the southwest, the group enjoys lunch at a local restaurant.

Arriving in the afternoon, there's time to unwind and stroll along **Bentota Beach**, taking in the golden sunset. The calming waves and orange-tinged skies offer a peaceful transition from the cool highlands to tropical serenity. The day ends with dinner and an overnight stay in Bentota



## **DAY 6: MANGROVES, MARINE LIFE, AND COLOMBO BOUND (19TH SEPTEMBER)**

The morning brings an eco-adventure—a **Madu River Boat Safari** through tranquil mangroves. The ride reveals island monasteries, fishing communities, and rich biodiversity. A stop at Cinnamon Island showcases traditional cinnamon processing methods passed down through generations.



Next is a visit to a **Turtle Conservation Centre**, where five species of endangered sea turtles, including the Hawksbill and Olive Ridley, are protected. Guests learn about incubation, rehabilitation, and conservation efforts.





After lunch, the journey continues to **Colombo**. A visit to the **Gangaramaya Temple** introduces visitors to one of the city's most culturally significant landmarks, blending Thai, Indian, and Chinese architectural elements.

After checking in at the hotel, guests enjoy dinner and an overnight stay in Colombo.

## **DAY 7: COLOMBO'S CULTURAL PULSE AND FAREWELL FEAST (20TH SEPTEMBER)**

A full day of exploration begins after breakfast. The **Colombo City Tour** takes visitors through historical Fort, the lively **Pettah Market**, and landmarks like **Independence Square** and **BMICH**. The colonial legacy and modern pulse of the city come alive during this tour.



Lunch is served at **Oak Ray Flower Drum Restaurant**, followed by a visit to a **local casino**, where guests enjoy non-cashable chips, free drinks, and a unique entertainment experience.

As night falls, a farewell **Sri Lankan crab dinner** at **Xilaton Chinese Restaurant** offers a flavourful end to the day. With hearts full and stomachs satisfied, the group returns to the hotel for one final night in Colombo.

## **DAY 8: DEPARTURE FROM PARADISE - SINGAPORE (21ST SEPTEMBER)**

After breakfast, guests visit the **Lotus Tower** for a final photoshoot—an architectural marvel offering panoramic views of the city. Soon after, it's time to head to **Colombo International Airport**.



*As the plane ascends, guests bid farewell to a land of ancient temples, lush landscapes, welcoming locals, and unforgettable memories.*

*This journey through Sri Lanka is more than a vacation—it's a celebration of heritage, nature, and the timeless charm of island life. From spiritual sanctuaries and colonial echoes to coastal tranquillity, every moment is a thread in a rich tapestry of discovery.*

### **INCLUSIONS**

- + 07 Nights accommodation at the hotels specified above.
- + All Transport Transfers
- + Meet and Greet at the Airport
- + Meals on FB basis (Starting with Day 1 lunch and ending with breakfast on Day 8 & lunches at Restaurants)
- + Transportation in an Air-Conditioned Coach.
- + Service of an English speaking National Tour Guide

### **ENTRANCE FEES TO THE SITES NAMELY:**

- + Pinawala Elephant Orphanage
- + Village Tour
- + Temple of the Tooth Relic
- + Kandy - Nanu Oya Train ride (1st or 2nd class based on availability)
- + Ambewela Farm Visit
- + Madu River
- + Turtle Conservation
- + Gangaramaya Temple

### **EXCLUSIONS**

- + Casino Entrance Fees
- + Visa, if required
- + All Personal Expenses
- + Entrance Fees not specified above
- + Additional Optional Tours

# 斯里兰卡心灵之旅

## 9月14日至21日

斯里兰卡，这颗印度洋上的眼泪，以其深厚的文化底蕴、秀美的自然风光和迷人的历史遗迹，为游客呈现一场沉浸式的旅程。这次精心设计的8天行程将带您穿越古老遗址、高山茶园、静谧海滩与活力都市，体验一次难以忘怀的心灵之旅。

### 第一天：抵达科伦坡 - 丹布勒的古老奇迹（9月14日）

抵达班达拉奈克国际机场后，团队受到当地导游的热情迎接。随后前往古德伍德广场酒店享用欢迎午餐，接着向北前往著名的大象孤儿院所在地一品纳瓦拉，在那里可以看到获救的大象自由自在地漫步。

接下来，旅程继续前往丹布勒，这是一处文化底蕴深厚的地区，以其精神意义和壮丽的自然景观而闻名。宁静的环境为斯里兰卡的文化遗产之旅拉开了温和的序幕。

傍晚时分，团队抵达丹布勒的酒店办理入住手续，享用悠闲的晚餐，并在此过夜，为接下来探索斯里兰卡丰富的文化与自然奇观做好准备。

### 第二天：狮子岩远眺与康提文化探索（9月15日）

酒店早餐后，前往狮子岩景观点与 **Lion Face** 餐厅进行拍照留念。雄伟的锡吉里耶狮子岩（UNESCO 世界遗产）在远方巍然矗立，这座5世纪的空中宫殿至今仍令人惊叹。

随后展开斯里兰卡传统村庄之旅，乘坐牛车、竹筏，造访村民家中，亲身感受质朴的乡村生活与古老风俗。

中午途经马塔莱（Matale）参观香料花园，在导游带领下，深入了解肉桂、胡椒、肉豆蔻等香料的种植过程，并参加斯里兰卡风味料理的示范课程。午餐将在花园内享用，食材均采自新鲜香料。

下午抵达斯里兰卡佛教圣地康提。游览举世闻名的佛牙寺（Sri Dalada Maligawa），供奉释迦牟尼佛的圣牙遗物，是全球最神圣的佛教圣地之一。之后乘坐三轮车环游风景如画的康提湖畔。

晚上入住康提酒店，享用晚餐并过夜。



### 第三天：迷人高地之旅——乘火车前往努瓦拉埃利亚（9月16日）

早餐后前往 **康提火车站**，搭乘上午 8:45 的火车前往 **Nanu Oya**。这段火车线路被誉为“世界最美的列车旅程”，沿途风景如画，穿越茶园、山谷与瀑布。

中午抵达努瓦拉埃利亚后，在 **Single Tree Mount 餐厅** 享用午餐。

下午开始市区游览。努瓦拉埃利亚又称“小英格兰”，拥有浓厚的英伦殖民风情，房屋风格如同乡村别墅，四季花开，气候凉爽宜人。这里是岛上最清爽的地区之一，吸引许多低地居民在春秋前来避暑。

晚上在努瓦拉埃利亚用晚餐并住宿。

### 第四天：茶园体验与牧场风光（9月17日）

早餐后出发，探访当地茶园。身着传统服饰的采茶女工带领游客体验 **亲手采茶**。随后前往 **茶厂**，了解茶叶从鲜叶到分级制成的全过程，并在源头品尝一杯正宗的锡兰红茶。

午餐安排在 **Araliya Green City Hotel**。

下午前往著名的 **安伯韦拉牧场（Ambewela Farm）**，又称“小新西兰”，风景如画，是斯里兰卡主要的乳制品基地之一。

活动结束后返回酒店，晚餐并过夜。

### 第五天：从高原前往海岸 - 本托塔（9月18日）

早餐后启程前往斯里兰卡西南部海岸线上的度假胜地——**本托塔（Bentota）**。途中在当地餐厅享用午餐。抵达本托塔后，办理酒店入住手续。傍晚可自由漫步于本托塔海滩，欣赏绝美日落。

晚餐后于本托塔住宿。

### 第六天：红树林探险与海洋保护之旅（9月19日）

早餐后出发，前往 **马度河（Madu River）** 乘坐游船穿越红树林。乘船约 1.5 小时，欣赏生态丰富的湿地风光，并登陆 **肉桂岛**，学习传统的肉桂制作工艺，包括肉桂棒、肉桂油与香料制品。

接着参观 **海龟保育中心**，这里收养并保护受伤的海洋生物，尤其是五种濒危海龟，包括绿海龟、玳瑁、赤蠵龟、棱皮龟与奥利弗丽龟。此外还可观赏鲨鱼幼苗、海鳗与海星等海洋生物。

中午于当地餐厅用餐后，前往 **科伦坡**。抵达后参观 **刚卡拉玛雅寺**

（**Gangaramaya Temple**），这座寺庙融合了斯里兰卡、泰国、印度与中国建筑风格，是科伦坡最重要的宗教地标之一。

晚餐与住宿在科伦坡。

### 第七天：科伦坡文化巡礼与告别晚宴（9月20日）

早餐后开启 **科伦坡市区游览**。探访历史悠久的 **Fort** 区、热闹的 **Pettah** 市场，了解科伦坡的多元文化风貌。途中游览 **凯门门（Kayman's Gate）**、**BMICH 国际会议中心** 与 **独立广场** 等城市地标。

午餐在 **Oak Ray Flower Drum** 餐厅享用。

餐后，造访当地一家 **赌场**，可兑换 100 美元代币体验游戏，并享受免费饮品与小吃。

傍晚享用告别盛宴——斯里兰卡名菜 **螃蟹晚餐**，地点为 **Xilaton** 中餐厅。一日精彩落幕，返回酒店休息。

### 第八天：告别锡兰（9月21日）

早餐后退房，前往斯里兰卡最新地标 **莲花塔（Lotus Tower）** 拍照留念。之后送往机场，搭乘返程航班回新加坡。

本次斯里兰卡之旅圆满落幕，留下满满回忆——从佛教圣地、茶香山谷、碧海蓝天到多元文化都市，每一处风景皆为生命旅程中的瑰宝。

